

Welfare and Wellbeing Support

In response to last years' Kidsmatter Parent Survey, one of your requests was for more information on Foster Primary School's (FPS) approach to student issues, and community services available. Please find a flow chart attached with more clarity on our approach. This (and related policies) can also be found on our website www.fosterps.vic.edu.au

Some community wellbeing support services for youth are listed below (please contact FPS for more information/referral support):

- Youth Assist Clinic (YAC)
 - Free service with Adolescent Health Nurse, local GP and Mental Health Nurse on Mondays from 12.30 – 4.30pm at Foster War Memorial Arts Centre (10-25years old)
- Community Health Centre <https://southgippslandhospital.org.au/community-health-centre/>
 - Services, programs and support groups at 87 Station Rd, Foster.
 - Many services including: youth assist, counselling, play therapy and psychologists
- Psychological Strategies (also known as PTUG or ATAPS)
 - Medicare supported services – no out of pocket charges for counselling, psychologists, social workers and art therapy (requires Mental Health Plan from a GP)
- Student Support Services (SSS)
 - Part of DE's multidisciplinary team with speech pathologists, psychologists and social workers to support educational and developmental potential
- Kids Help Line www.kidshelpline.com.au
 - Targeted to children of all ages. Free counselling, parent information and resources
- Department of Education www.education.vic.gov.au
 - Contains state policies, news and resources
- Department of Health and Human Services (DHHS) www.dhhs.vic.gov.au
- Koorie Engagement Support Officers (KESO)
 - Connects communities and schools, to support the wellbeing of Indigenous populations
- Child First www.ucgipps.org.au/?page_id=748
 - Service supporting vulnerable children to receive the services they need
- Salvation Army www.salvationarmy.org.au/leongatha
 - Support, financial assistance, crisis care, peer groups, counselling, meal relief
- South Eastern Centre Against Sexual Assault and Family Violence (SECASA)
- Sexual Offences and Child Abuse Investigation Teams (SOCIT) www.police.vic.gov.au
 - Detectives specializing in sexual and child abuse crimes
- Bullying No Way www.bullyingnoway.com.au
 - Prevention and intervention information for bullying
- ReachOut <https://au.reachout.com>
 - Targeted to people under 25years. Peer support, tips and information
- Butterfly Foundation <https://thebutterflyfoundation.org.au>
 - Information and support for those concerned about eating disorders
- CanTeen www.canteen.org.au
 - Support and resources to children directly or indirectly affected by cancer