



headspace
Wonthaggi

headspace Wonthaggi is open!

headspace Wonthaggi provides free or low cost, confidential support services for young people aged between 12 - 25 years. We're here to help answer any of your questions or concerns you have about your mental, physical, sexual or general health, drug and alcohol issues, and relationships.

We encourage you – young people – to visit and access our centre's services when you notice a problem, ideally before the issue becomes a crisis for you or your friends and family.

We aim to make you feel informed and supported in your wellbeing and health care decisions. We will listen to you, and provide you with respectful services.



Contact us

Our centre is located at 5b Murray Street, Wonthaggi.

Call

0418 213 990

Email

info@headspacewonthaggi.org.au

Visit

headspace.org.au/Wonthaggi

Follow us on social media



headspace Wonthaggi



headspace_Wonthaggi

We also provide services from four outposts at Youth Access Clinics in Foster, Leongatha, Korumburra and Wonthaggi.